

PREPARING FOR YOUR PROCEDURE

The Staff at Roxbury Surgery Center are committed to making you experience here pleasant, comfortable and safe. Follow the guidelines below so you will be prepared for your upcoming procedure.

BEFORE YOU ARRIVE:

Make arrangements for transportation: You will not be allowed to drive yourself home not leave the center unattended. **THIS IS FOR YOUR SAFETY.** Also, you must arrange for a responsible adult to be with you at home after your procedure for the first 24 hours post-procedure.

Your Anesthesiologist will attempt to contact you the evening prior to your procedure: You will be able to ask questions and also have a chance to discuss any medical conditions or concerns related to anesthesia at this time.

Do not have anything to eat or drink after midnight the evening prior to your procedure: If your surgical procedure is scheduled later in the day, your anesthesiologist may amend this slightly. This may include clear liquids until 6 to 8 hours before your procedure. Please note: Clear liquids are defined as any liquid that you can see through when held up to the light.

DAY OF YOUR PROCEDURE:

Wear loose fitting, comfortable clothes.

We advise you bring socks as you may wear these during your procedure.

Please do not bring any valuables.

Please arrive at the surgery center one hour prior to scheduled procedure time and sign in at the surgery center waiting room (initials only). You will be asked to complete admission paperwork at this time.

Shower the morning of your procedure but do not apply any lotion or cream to your skin or wear any perfumes.

Please bring photo identification and your Insurance information (if applicable) with you. If you are having IVF, your partner/spouse (if applicable) will also need to bring a photo identification.

Medications: Please bring either a list of/OR any medications you are currently on or have been prescribed by your physician/physicians.

Advance Directives: If you have an advance directive, please bring this with you.

http://ag.ca.gov/consumers/general/adv_hc_dir.php

TO SEE OUR PRE-OP FORMS PLEASE CLICK HERE [GO TO FORMS](#)

PARKING:

Parking in the building is not validated. There is one hour free parking one block east, next to the Rite Aid Pharmacy or alternatively, metered parking one block north behind the Bagel Nosh.